



# WORKBOOK

## How to do the prioritization session

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## Prioritization process instructions

This is the process, where you help your partner to prioritize their list of passions. There will be statements/sentences that your partner will be comparing to each other and must prioritize one against the other.

You will help them by asking a series of **3 QUESTIONS**.

### 1.STEP

You will ask your partner **QUESTION 1:**

*Which feels better? (passion No.1] or (passion No.2) ?*

- 1) You'll compare (passion No.1) to (passion No.2) from the list of passions.
- 2) The one passion that your partner chooses, you'll compare to the next passion on the list.
- 3) Now you'll compare (chosen passion) to (passion No.3)
- 4) Now you'll compare (chosen passion) to (passion No.4)

Continue like this until you have gone through the whole list.

Whatever passion you end up with after going through the complete list, you'll circle that passion and mark it as **#1**.

## 2.STEP

You'll repeat the process so that you exclude selected passion **#1**.

You will come-up at the end with passion **#2**.

Do this process 5 times all together until you have your **top 5 passions** .

### Helpful supporting questions:

If your partner hesitates with the answer, you'll use the **QUESTIONS 2**:

*If you could have (passion 1-say the passion exactly as on the list) but never have (passion 2);*

or

*If you could have (passion 2) but never have (passion 1) which feels better?*

And if he still hesitates, then you ask **QUESTION 3**:

*Close your eyes and create a picture in your mind of living (passion 1) to the fullest.*

*Notice that (passion 2) is nowhere in that picture. Notice how that feels.*

*Now set that picture aside...*

*Imagine living (passion 2) to the fullest.*

*Notice that (passion 1) is nowhere in that picture. Notice how that feels.*

*Which feels better?*

**Encourage your partner to listen to their heart.**

**If they are taking a long time to respond, it means they are thinking about the choice.**

**This will not align them with their passions.**

**Remind them to go with the first impulse that comes up; that's what comes from the heart.**

Thank you again for helping your friend find their passion!

A handwritten signature in cursive script, appearing to read 'Lubica', with a light grey shadow effect behind it.

& the passionate Path2talent Team :-)